

Garden Function

To grow, demonstrate and provide medicinal herb plants from traditions around the world;

To offer opportunities for acquaintance, education, inspiration & acquisition of medicinal herb plants for the creation of healing gardens; and the

DEEPENING OF CONSCIOUS SENSITIVITY.

Garden Mission

- To help us ground ourselves and our lives in the context of the earth, plants and compassion by dwelling simply among the plants, in peace and harmony as a calm and compassionate presence;
- To facilitate and encourage bodily, psychological and spiritual “literacy” regarding all elements of consumption and environmental conditions; including foods, thoughts, intentions, aromas, allergens, chemicals, fumes, and energies;
- To facilitate a cultural lifestyle which intrinsically values all species, all cultures and the environment;
- To facilitate and encourage the perpetuation and resurgence of traditional cultures and their healing arts and consciousness/ wisdom;
- To facilitate and encourage the return to wholistic plant spirit medicines; and thus, wean us from addictive dependency upon harsh pharmaceuticals by promoting alternatives to pharmacological dependency;
- To reclaim our economy by encouraging the return to practices which create a compassionate energy presence.
- Ultimately, to facilitate, through engagement, practice and experience, a deepening sensitivity and awareness.

IN THE GARDEN, THERE IS A DEEPER UNDERSTANDING OF HOW THIS CAN HAPPEN WITHIN US.



Dianthus superbus: Fringed pink, Qu Mai

Biography

Richard Koenig, founder and in service to Healing Spirit Plants, a private organic medicinal herb nursery and garden which grows, demonstrates and provides medicinal herb plants from traditions around the world. He was born and raised on a Quaker farm in southeastern Pennsylvania. His family includes generations of farmers, horticulturists, and wandering naturalists. At age 3, Richard discovered a natural aptitude for plants, and found himself most grounded and comfortable in Nature



He holds a BA in Botany and Zoology, as well as a BS in Wildlife Biology from the University of Montana. He has lived and traveled around the world, including Europe, the Middle East, China, Tibet, and the Amazon. Appreciation of the world's cultures, Nature, and the beauty of consciousness transformation led to a seminary degree in 1992.

Richard has resided in Berkeley, California as a Horticultural Botanist, facilitating the public's connection with plants for the past 20 years. During that time, Plant Spirit Medicine work has inspired the conscious unification of these karmic passions in the vision of the

GIFT OF HEALING SPIRIT PLANTS.

Contact

If you would like to participate in this conversation and the Community Centered Peace Medicinal Herb Garden establishment process, please contact: Richard S. Koenig (contact@healingspiritplants.com) or call (510) 526-8704.

www.healingspiritplants.com



A COMMUNITY CENTER-PEACE

We live in a community of numerous cultures and traditions, many of them rapidly vanishing. As we lose these, we lose their inherent depths of consciousness, and manner of mind use, all of which facilitate compassion and peace throughout the world.

A multicultural Medicinal Herb Garden provides the opportunity for the restoration of our relationships with the plants, revitalizing our respect for their compassionate energies, and thus also with the cultural traditions based upon them.

Reverence for the energies of living presence, as well as their pharmacological properties, requires a sacred space within which to experience spiritual communion with them.

We have a choice! When we spend our time with plants, they ground us, relax us, and focus us in our hearts:

WE FEEL COMPASSION AND PEACE.

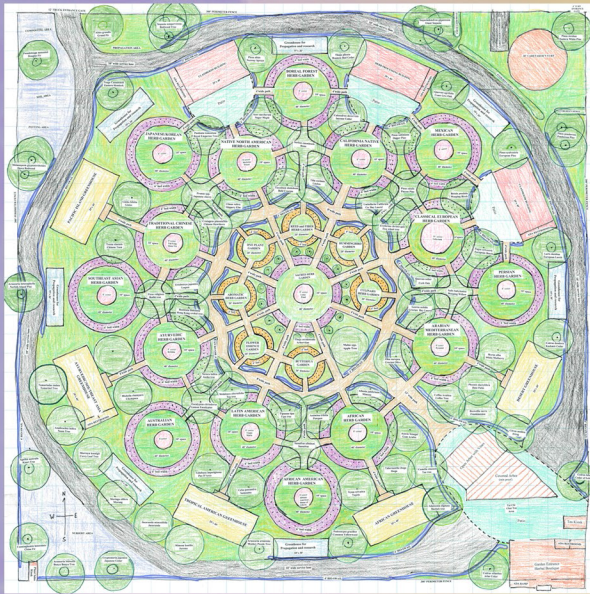


Salvia apiana: White Sage

A Full-Fledged Medicinal Herb Garden

A full-fledged medicinal herb garden encompasses the major medicinal traditions: Chinese acupuncture, Indian Ayurvedic, Arabian/Mediterranean, classical European, Latin American, Native North American, African American, Native Californian, and also African, Southeast Asian, Japanese, Mexican, Australian, Persian, and Pacific Island.

It covers the full spectrum of herbs used in all the known healing modalities: physical and physiological, psychological and spiritual; and in the forms of plant parts, poultices, teas, tinctures, decoctions, ointments, essential oils, flower essences, fumigants, and homeopathic micro-doses.



Proposed garden design. See website for greater detail.

Requirements

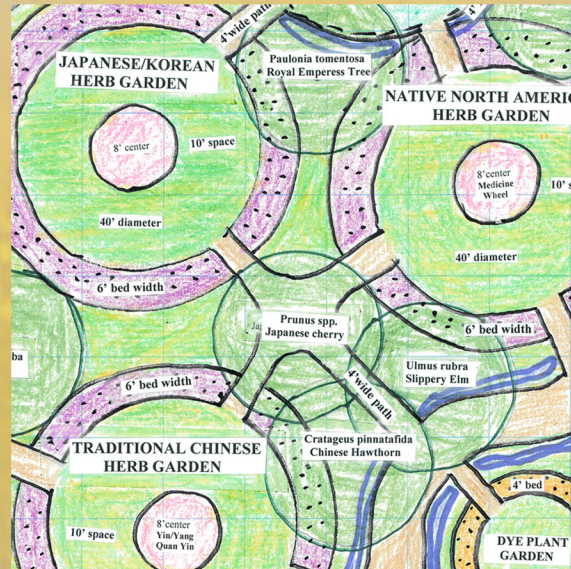
A Community Centered Garden will require:

- A central location that is accessible and inspiring.
- 300'x300' (90,000sqft): space for people, classes, meditation and ceremonies, greenhouses, production & sales.
- Fences, water, power, sewage, and ADA access.
- Space for soils, composting, & potting, a parking area & delivery access.
- An on-site caretaker/garden manager with minimal residence facility, (ie, a 30' yurt).

PEACEFUL SPACIOUSNESS

Garden Will Include:

- 15 traditional gardens, 7 specific use gardens,
- A Sacred Central garden,
- An herbal boutique and herbal tea patio,
- A nursery, propagation and research facilities,
- 55 medicinal trees, encircled by 27 world conifers,
- Bio-swails and catchment, passive solar and panels.



See website for greater detail.

Garden Will Provide:

- Educational opportunities,
- Seminar and workshop spaces,
- Herbal processing facilities,
- Outdoor lecture and event space,
- Herbal products, tonifying teas,
- Peace and quiet, sacred space,
- Research facilities, employment,
- Opportunity to experience plant energies,
- Cultivation of compassionate energy consciousness,
- Empowerment of ethnic diversity,
- Unification of the community in the garden,
- A center of grounding compassion,
- Reclamation of our community economy,
- Inspiration and support for herbal practice,
- Perpetuation of rare and endangered herb varieties,
- Herb plants for additional gardens,

GRATITUDE AND JOY

PROPOSAL

- Bring together interested parties from local and East Bay ethnic communities, herbal studies and gardening programs and others, to discern how we can create this medicinal herb garden.
- Explore our abilities to jointly sponsor, fund, and create this garden facility that we need.
- Jointly support the management of this garden through Nonprofit status, a committed directorship, and assisting internships from herbal studies programs and ethnic communities.



Echinacea angustifolia: medicinal coneflower

- Create a board of oversight comprised of leaders herbal studies and gardening programs, and others of relevant expertise.
- Design financial remuneration to be derived organically from herb plant and plant product sales, lease of plant propagation and research facilities, sale of solar power, and from public educational programs. This remuneration ideally would cover the costs of maintenance and management of the garden facility.
- Transformation of Healing Spirit Plants (medicinal herb nursery) from a business into a contribution to the establishment and management of this medicinal plants garden.
- Offer my experience and service to the creation and management of this medicinal plants garden,

FACILITATE A COMMUNITY CENTERED PEACE